

# KB-C

100 capsules, Chinese Herbal combination, Stock No. 1883-3

**K**B-C is a Chinese herbal combination formulated to strengthen and revitalize the structural and urinary systems.

Nature's Sunshine's Chinese herbal combinations are based on 5000 years of Chinese herbal tradition. Traditional Chinese medicine, including herbs, provides primary healthcare for more than one-third of the world's population.

## *Did you know?*

A principle of therapy for strengthening the Water Element is Jian Gu, which means to strengthen the bones. This is because the basic structure and erect posture of the body is regulated by the Water Element. Of course, this is not the only use of such a formula, but it is representative of its ability to strengthen the framework of the body.

The herbs that are best for strengthening the bones are classified in Chinese herbology as Yang tonics and they are attributed with warming and invigorating properties.<sup>1</sup>

## *NSP Advantage*

100 capsules. Chinese herbal combination.

*Ingredients:* 500 mg combination of the finest eucommia (*Eucommia ulmoides*) bark, cistanche (*Cistanche salsa*) herb, achyranthes (*Achyranthes aspera*) root, dipsacus (*Dipsacus asper*) root, drynaria (*Drynaria fortunei*) rhizome, hoelen (*Poria cocos*) plant, morinda (*Morinda officinalis*) root, rehmannia (*Rhemmania glutinosa*) root, astragalus (*Astragalus membranaceus*) root, cornus (*Cornus officinalis*) fruit, dang gui (*Angelica sinensis*) root, dioscorea (*Dioscorea japonica*) root, epimedium (*Epimedium macranthum*) herb, ligustrum (*Ligustrum licidium*) fruit, liquidambar fruit, lycium (*Lycium chinense*) fruit, Panax ginseng root, and atractylodes (*Atractylodes species*) rhizome.

*Recommendation:* Take three capsules with a meal three times daily.

**CAUTION:** Pregnancy and nursing.

1. Dharmananda, S. *Your Nature, Your Health, Institute for Traditional Medicine & Preventative Care*, 1986, p. 141.

## Features & Benefits

- Traditional Chinese Medicine for normalizing the kidney and bladder functions.
- May help strengthen and rejuvenate the structure of the body, particularly the bones and connective tissues.
- Traditionally used for frequent urination, adrenal exhaustion, backache, osteoporosis, fractures, heavy legs, greying of hair, arthritis, abnormal functioning of the kidneys and bladder, and low sex drive.
- Supplements deficient conditions.