

Chinese Mineral-Chi Tonic

DIN 02237353, 946 mL, Trace Mineral and herbal food beverage, Stock No. 1818-3

East meets West as Nature's Sunshine combines the finest source of liquid trace minerals with time-honoured Chinese tonic herbs to create an exciting new adrenal/energizing tonic.

Minerals, with their positive and negative electrical charges, are responsible for every electrochemical reaction in the body, from muscle contractions to the firing of neurotransmitters in the brain.

Nature's Sunshine has carefully combined these minerals with nine Chinese tonic herbs to "light up" and balance the body's energy system. What an electrifying way to start the day!

Did you know?

According to traditional Chinese medicine (TCM), the human body is a vast electrical energy system consisting of 12 two-sided meridians (energy channels) with more than 800 switches or acupuncture points. Chinese medicine teaches that when the energy meridians are in balance, the body will heal itself. Tonic herbs balance the meridians as well as nourish the adrenal glands, major managers of energy powering the "electric" human body.

NSP Advantage

946 mL. Trace Mineral and herbal food beverage. Exclusive formulation. Combines a full spectrum of ionically-suspended, naturally chelated trace minerals from plant source with renowned tonic herbs.

Ingredients: Water, colloidal minerals, white grape juice, vegetable glycerin, potassium chloride, sodium benzoate, citric acid, potassium hydroxide solution (water, potassium hydroxide), astragalus (*Astragalus membranaceus*) root extract, ginger (*Zingiber officinale*) root, gynostemma (*Gynostemma pentaphyllum*) herb extract, deglycyrrhizinated licorice (*Glycyrrhiza uralensis*) root extract, lycium (*Lycium chinense*) fruit extract, reishi (*Ganoderma lucidum*) mushroom, schizandra (*Schisandra chinensis*) fruit extract, Siberian ginseng (*Eleutherococcus senticosus*) root extract, ginkgo (*Ginkgo biloba*) leaves, natural apple and cherry flavours.

Recommendation: Take one tablespoon (15mL) in the morning and one tablespoon (15mL) in the evening daily. May be mixed with water or juice for taste.

Features & Benefits

- Contains adaptogenic herbs that help build physical, mental and emotional energy to help better handle the stresses of daily life. These herbs include Lycii, shizandra and Siberian ginseng.
- Helps balance 12 of the Chinese acupuncture meridians.
- Gynostemma nutritionally supports the glands, especially the adrenals.
- Astragalus is an immunostimulatory herb.
- Licorice tones the adrenal and pituitary glands.
- Reishi mushroom calms, reduces stress reaction, builds immunity.
- Ginger helps assimilate other herbs and has been traditionally used as a spasmolytic (anti-spasmodic).
- Ginkgo biloba helps to increase circulation and has been studied for building mental energy, alertness, clarity and focus.