

Cascara Sagrada

DIN 00643203, 100 capsules, Stock No. 170-8

The “sacred bark,” named after the 16th-century Spanish explorers who first visited Northern California, has become the most widely used herbal laxative in the world. Cascara Sagrada is non-habit-forming and mild in nature. It can be used with small children and the elderly.

Did you know?

Constipation can give rise to many different ailments, including appendicitis, bad breath, body odours, coated tongue, depression, diverticulitis, fatigue, gas, headaches, hemorrhoids, hernia, indigestion, insomnia, obesity, and varicose veins. It may even be involved in the development of serious diseases such as colon cancer.

It is important that the bowels move on a daily basis.

NSP Advantage

100 capsules. Herbal laxative.

Ingredients: 390 mg of the finest cascara sagrada (*Rhamnus purshiana*) bark.

Contains naturally-occurring trace amounts of calcium, fiber, manganese, potassium, vitamin A, and vitamins B2 & B6.

Recommendation: Take two capsules as required for the relief of occasional constipation.

CAUTION: Do not take any laxative if experiencing nausea, vomiting or other symptoms of appendicitis. Long term use may create dependence. Keep out of the reach of children.

Features & Benefits

- Herbal laxative.
- Stimulates secretions in the entire digestive system including the liver, gallbladder, stomach and pancreas.
- Helps fight chronic constipation.
- Increases peristalsis.
- Promotes the growth of friendly bacteria in the colon.