

KC-X

100 capsules, Herbal combination, Stock No. 1224-0

KC-X is a rich source of organic iodine and numerous trace minerals that provide nourishment to the body.

KC-X, which contains Irish moss plant, kelp plant, black walnut hulls, parsley herb, watercress, and sarsaparilla root, helps balance hormonal deficiency especially in the thyroid gland.

Did you know?

Iodine is a trace mineral most of which is converted into iodide in the body. It aids in the development and functioning of the thyroid gland and is an integral part of thyroxine, a principal hormone produced by the thyroid gland. It is estimated that the body contains 20 to 50 milligrams of iodine.

Iodine plays an important role in regulating the body's production of energy, and stimulates the rate of metabolism, helping the body burn excess fat. Mentality, speech, and the condition of hair, nails, skin, and teeth are dependent upon a well-function thyroid gland.¹

NSP Advantage

100 capsules. Herbal combination.

Ingredients: 450 mg combination of the finest irish moss (*Chondrus crispus*) plant, kelp (*Phaeophyta div.*) plant, cellulose, black walnut (*Juglans nigra*) hulls, parsley (*Petroselinum crispum*) herb, magnesium stearate, watercress (*Nasturtium officinale*), sarsaparilla (*Smilax spp.*) root, silicon dioxide. The herbs in this formula contain naturally-occurring amounts of calcium, iodine, iron, magnesium, potassium, selenium, sodium, vitamin A, and zinc.

Recommendation: Take two capsules with a meal three times daily.

1. Kirschmann, Gayla and John D., *Nutrition Almanach*, McGraw-Hill, 1996, pages 114-5.

Features & Benefits

- Provides numerous trace minerals to nourish the body, particularly the thyroid gland.
- Nutritionally supports the thyroid function, which may increase metabolic rate.
- Traditionally used for enlarged glands, particularly lymph, prostate and thyroid glands.
- Other traditional uses of the herbs in this formula include fatigue, goiter, water retention, coughs, and convalescence.